INTERNATIONAL JOURNAL OF ADVANCED LEGAL RESEARCH

LGBTQ COMMUNITY- HISTORY, INITIATIVES TAKEN AND A CRITICAL ANALYSISOF THE RECENTLY BROUGHT POLICIES IN THE UNITED STATES

H. Aishwarya¹

Abstract

The concept of "Homosexuality" is not novel and has existed for a very long time. The article begins by highlighting the history of "Homosexuality," which does not start in the United States but began with the Greeks. There were depictions of "Homosexuality in various art forms by the Greeks. This was followed by the emergence of various statutes and eventually writing supporting "Homosexuality." It was when many artists such as Charles Demuth and Greek philosophers like Plato became open about their views on different gender orientations.

After this, the article involves the initiatives which paved the way for the acceptance of the LGBTQ community. It includes various Associations formed in support of the LGBTQ community and the efforts undertaken to promote "equality for marriage." Numerous challenges counter every major initiative. Therefore, the article then mentions the challenges faced by the LGBTQ community in the form of various bills passed against them. The bills presented multiple limitations for the LGBTQ community, which have been mentioned briefly.

The objectives of the article are:

 Understanding if breeding inclusivity in sports leads to competitive fairness or an unequal playing field concerning the new framework brought by the International Olympic Committee involving the inclusion of Transgender people in sports.

¹Student, BALLB (Hons.), PES University, Bengaluru

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

- 2. Understanding how violence towards Transgender people comes from the very authorities entrusted with protecting one's safety. They are understanding the concept of "Gender affirmation" and how the prisons are "Hypermasculine" or "Hypergendered" environment.
- 3. Understanding if Gender Equality in the workplace has been attained or is still a distant dream.
- 4. Understanding the Positive and negative impacts of allowing Transgender people to be a part of military services.
- 5. Understanding if identifying as Transgender has been recognized as a mental illness or if it is just a myth.
- 6. Understanding the concept of being "Agender," "Intersex" and "non-binary," which is an umbrella concept. Understanding the difference between "sex" and "gender."
- 7. To know if it is fair to be sued for using pronouns inconsistent with an individual's gender identity.
- 8. Understanding if literary works on gender identity are useful or explicit with respect to the book titled "Gender Queer, " a graphic memoir authored by Maia Kobabe.
- 9. To analyze if Gender Reassignment surgery for minors- a boon or a bane.

Keywords- Homosexuality, LGBTQ community, Gender identity, Sexual Orientation, Transgender, Gender Dysphoria, Gender- Reassignment Surgery, Non- binary, World Health Organization, Hypermasculine, United States, TGIJP Project, Disorder, International Olympic Committee, Anti- LGBTQ bills

History of Homosexuality

Homosexuality is not a new concept. It has been in existence since time immemorial. However, the only thing that has majorly changed is the openness expressed with respect to homosexuality. Homosexuality can be dated back to the explicit images expressed by Greeks in their art forms. Despite of expressing homosexuality through various art forms, they did not possess appropriate pronouns to correlate with homosexuality or heterosexuality and believed that humans in general had an incorporation of both from within. Greeks expressed homosexuality not only through art forms such as pots and sculptures but also through their writings. For instance, some writings of Plato centered on the homosexual theme.

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

When it comes to the biblical interpretation of sexuality, it is very rigid. Since, Christians consider Bible to be god's written word which is why they rely on biblical interpretations. Bible makes a very strict interpretation of sexuality where people attracted to the same sex are told to "elevate" their experiences over the scriptures. During the nineteenth and twentieth century, production of statues depicting homosexuality reached its peak that even the greatest museums had them. It was also the same time when the oppression towards such depictions reached its highest point. It was the time when gay culture began and artists such as Charles Demuth became open about their sexual orientation. This confirms that there was an existence of homosexuality since a long time regardless of whether it was accepted or not. On one hand, sexuality was prohibited in the Bible while on the otherside; it flourished when it came to Ancient Greece.

Such ideas were spread across the West with the help of various sources such as records of missionaries, diplomats and anthropologists. Europe was initially not open about the idea of cross-dressing. However, cross-dressing was eventually accepted in modern Europe and America. In many instances, cross-dressing was a choice adopted by women in order to get job opportunities which at that time were only open for men.

Landmark initiatives in USA with respect to LGBTQ rights(Seelman, 2014)

The LGBTQ community not only includes people who are Lesbian, Gay, Bisexual and Transgender but also people of other sexual orientation such as pan-sexual individuals, people who identify as non- binary. The term Agender which was coined in 2000 on an internet Forum called UseNet is used for people who do not identify themselves with any gender. Therefore the term LGBTQ has acquired a very wide connotation.

The first "gay right group" was created in the year of 1924 in America by a veteran of World War one. There was a case against the "Homosexual Magazine" and the Supreme Court ruled in favor of the rights asserted upon gays for the first time. In the year of 1973, it was the first time in the history when Homosexuality was not perceived as a mental illness.

Likewise, there were various other landmark events which took place changing the scenario of the LGBTQ rights. In 2015, the former President of United States asserted on respecting the dignity of all humans irrespective of their sexual orientation. It was around the same time when the sexuality of individuals was incorporated in the anti- discrimination policy of the military.

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

One of the most remarkable events in favor of the recognition of the LGBTQ community rights was the raid taken place at the Stonewall Inn which was a gay bar. A lot of activists came in support of the LGBTQ rights. Not only activists but a lot of family members and allies also came forward for their support.

The pre-conceived notion of marriage in the minds of people was "a union of a man and a woman." This statement goes against the concept of "equality of marriage" or the recognition of "same sex marriages." In 1989, Andrew Sullivan, an author and a blogger, in one of the essays written by him asserted how legalizing gay marriage would lead to cohesion and a sense of emotional security among people. "Marriage Equality" was not regarded as an "end goal" but it was one of the means to an end. The end goal here was to ensure that all the humans, irrespective of their gender, live their lives with dignity. Efforts to legalize "same- sex marriage" were actually put in action during 1990. However, there were various challenges barring it such as the Defense of Marriage Act (1996) which exclusively defined marriage as a "union between a man and a woman" and the "Proposition 8", a ballot initiative which had similar views as the act. Despite of the major challenges presented by these two, the Supreme Court decisions assisted in enforcing equality with respect t to marriage such as Hollingsworth v. Perry and United States v. Windsor. It was only after DOMA was declared unconstitutional that "full equality" paved its way.

In a landmark decision of the US Supreme Court on 15th June, 2020, it was emphasized that an employer who was merely filed based on sexual orientation is against the Chapter seven of the Civil Rights Act of 1964. It was also mentioned that employment decisions should not be based merely on someone's sexual orientation. Even though, before this judgment a lot of workplaces had gender inclusive policies but the judgment acted as another rolling stone towards LGBTQ inclusiveness.

Challenges with respect to the anti-LGBTQ bills

Amidst all these initiatives, there were also many others who were opposed to the idea of gender inclusivity. Many anti- LGBTQ bills have also been passed over the years. The amount of anti-LGBTQ bills passed annually skyrocketed from forty one bills in the year of 2018 to two thirty

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

eight bills in the beginning of 2022. The year was regarded as the worst year in the history of LGBTQ rights.

The American Civil Liberties Union attempted to keep a track of all the anti-LGBTQ bills passed. The bills passed focused on limiting the gender information which is presented on ID proofs and related records. The bills also emphasized on weakening the non- discrimination laws followed by the workplaces. They also aimed at limiting the access of books about LGBTQ and censoring drag queen performances. Drag had been popularized by minstrel shows during the twentieth century. The bills also prescribe strict penalties in case of extending healthcare to Transgender or Cisgender people. Apart from banning the catering of healthcare services, these bills also restrict from providing insurance coverage for these people. Bills with respect to "public accommodations" prohibit Transgender people from using public washrooms as well as locker rooms. Few anti-LGBTQ bills also restrain the transgender students from participating in school activities and censor discussions about them in school. In 2023, the maximum numbers of anti-LGBTQ bills have been passed. This is because of many reasons which would be discussed below.

Does breeding inclusivity in sports lead to competitive fairness or an unequal play field?

The International Olympic Committee has announced a new set of framework for participation of transgender and intersex people. This framework has been arrived at after a two year consultation with around 250 athletes. The primary aim behind such framework is to promote gender inclusivity and to create a welcoming environment for people having different sexual orientations. The importance has been placed on respecting human rights and to provide a harassment-free environment of people with sex variations. The Committee has issued ten guidelines for sporting bodies which come under the category of "internationally ascertained human rights."

There was a controversy revolving the medical procedures which athletes had to undergo because of identifying as non-binary. The medical procedures were deemed to be necessary due to varying testosterone levels and only after genital surgery, transgender were allowed to participate. This was with respect to the previous framework. However, many people objected to this as it affected the "right to choice" of people and also the medical examinations were

> For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

considered invasive in nature. The new framework was initiated to overturn the old one due to these reasons. The first trans athlete to participate in a US National team was Chris Mosier who also challenged the previous guidelines.

Even though the main aim of IOC was to promote competitive fairness by an inclusive participation but it is a hotly debated topic. It is one of those concepts which have the most divisive opinions. Since transgender women are allowed to participate in women's Olympics, a few people have presented reasonable arguments such as the fact puberty might provide Transgender women with certain physical advantages even if the level of testosterone is suppressed. The physical advantages constitute broad shoulders, big hands, comparatively longer torsos, an increased lung and heart capacity. All these characteristics clearly prove to be in favor of women athletes who are Trans while they are participating in women's Olympics. This has been a major cause of people having distinctive opinions on this aspect.

However, another opinion with respect to this could be point of view expressed by the Quinn, a gold medalist in soccer who referred the new framework as "groundbreaking." According to her, Transgender women did not have any inherent advantage as none of the sport policy throws light on the lived experience of Transgender women so in no way it could be an inherent advantage to them. All sides of the argument have very reasonable points. If all these points are kept in mind and a separate section is kept under sports for the participation of all Transgender, then on one hand it might be a good initiative giving them an opportunity to participate but on the other it might deprive them of a sense of belongingness because of creation of a separate category for them from other genders. Therefore, this concept continues to remain controversial.

When violence comes from the very authorities entrusted with the protection of one's safety

Transgender people are frequently subjected to violence and abuse from the very authorities who are supposed to protect them. The Police tend to harass and profile Transgender people due to their gender representation which causes distrust among them towards the Police authorities. A Transgender Survey was conducted in US in the year of 2015 where it was revealed that about fifty seven percent of Transgender people were afraid to approach the Police. Transgender

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

people are subjected to horrendous rates of violence by their own inmates. They face more physical and mental distress when compared to their counterparts.

Transgender people come under the category of "special population." A study revealed that women who were Transgender i.e. women counterparts with male genitalia were more likely to commit crimes and therefore there is an increased percentage of them being subjected to imprisonment. Social marginalization arises from their own families who refuse to accept them the moment they express their gender identity. After doing so, most of them are rejected by their own families and since a lot of workplaces are skeptical to hire them, they resort to illegal modes of securing income. A study of 2012, reveals, in support of this statement that women incarceration rates have raised from thirty seven percent to sixty five percent. The study has also revealed that Incarceration leads to poor health among Transgender women.

An appropriate solution for the increased risks of health presented by incarceration would be "Gender affirmation." Gender affirmation refers to the process through which a particular gender feels affirmed in their own sexual identity; it is an important determinant when it comes to their health. However, prisons do not provide a gender affirmed environment as they are "Hypermasculine" or "Hypergendered" environment. "Hypermasculine" environment is used in context with the sexual aggression showcased by men towards women.

Transgender women already come across various forms of discrimination throughout their life and on top of it placing them in a "Hypermasculine" environment just heightens their vulnerability. In some instances, they are placed in segregated environments or special housing places such as Ad- Seg which is similar to solitary confinement. This would protect the Transgender inmates from sexual exploitation experienced by them by being placed in male prisons. However, Ad- Seg can only provide partial protection as the Transgender inmates can still be sexually exploited by the prison staff. Moreover, being in solitary confinement might make them feel disassociated from the general population.

A real life example of a Transgender woman being sexually assaulted in male facilities would be Jasmine Rose Jones who was subjected to rape and sexual assault during her incarceration. She was scared of seeking help from officers due to a fear of being placed in solitary confinement. After she was released from the prison, she became an assistant at the "Transgender- Gender

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

Variant and Intersex Justice Project" in San Francisco because of her personal experience of going through so much at the male's facility. TGIJP was an initiative undertaken to protect abuse against human rights. It aimed at expanding its network to create awareness about the various issues which exist among Trans and intersex people. It has a core volunteering team to do the same. It also instills leadership skills among the core members. TGIJP Project particularly created a mental health team which focuses on the Trans community of color who have undergone violence and pain.

Gender Equality at workplace- still a distant dream?

Years ago, the Times magazine had mentioned that the society had reached the tipping point for Transgender people as they had been emerging to the point in the society where they were considered as equals. Many policies and activists have contributed their part in restoring equality for people belonging to the LGBTQ community in schools, hospitals, military and the workplaces. However, despite of the Time magazine mentioning that the society had reached its tipping point, it was not actually seen in the circumstances taking place. Attaining complete equality in terms of a person's sexuality still felt like a farfetched dream.

In the recent years, there have been various advancements to enforce LGBTQ rights at workplaces such as the executive order which was signed by President Biden in the year of 2020 which involved the implementation of a judgment passed during the same year by the Supreme Court. Along with this, a lot of workplaces focus on maintaining diversity in the workplace with respect to sexual orientation rather than solely focusing on someone's gender identity. However, the workplaces should not hire people for the purpose of maintaining diversity at the cost of their merits. The workplaces should maintain a balance between hiring employees based on their merits as well as hiring people in such a way that gender diversity is maintained. Just to accommodate more people of different gender expressions, workplaces should not set aside the merits of a person. However, another contending issue is that the workplaces should also take into consideration the fact that due to the discrimination faced by people belonging to LGBTQ community, they would not have been able to have as much work experience as others.

How much has the inclusion in military service impacted?(Gates, 2014)

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

During Clinton administration, there was a "Don't look, don't tell" policy, the military personnel had been prohibited from discriminating or causing harassment towards people who are heterosexual. However, it only mentioned protection of lesbians, gays or bisexual people. It also extended protection only for people who had closeted their sexual identity and not to people who came out about their gender representation. The policy prohibited people who engaged in homosexual acts because it goes against the very idea of standards maintained in the military based on good morale, discipline and cohesion. However, there was an exception to this prohibition where the discharge of a person engaged in homosexual activities would not take place if the act is conducted in the best interest of the armed forces or it is done with the intention of avoiding or terminating the military service in United States.

In the year of 2011, the "Don't ask, don't tell" policy came to an end and following its end, lesbian, gay and bisexual people were allowed to openly serve in the military. Yet the medical examination which individuals underwent as a procedure of becoming a part of the United States armed forces restricted Transgender from being a part of the armed forces. These exclusions were deemed to be on the ground of "psychosexual disorders." The policy after "Don't ask, don't tell" mentioned that once the Transgender status was disclosed or someone already serving was suspected of being a Transgender, they would be discharged. However, it was most likely that the Transgender status of a person would be disclosed once they were subjected to physical examinations which were a part and parcel of entering into the armed forces which increased the chances of being discovered as a Transgender before even getting the chance to serve in the military forces. This completely barred the Transgender people from serving.

Personnel identifying as Transgender were allowed to openly serve after a policy which was initiated in the month of June in the year of 2021-22. This criterion also applies for people with Gender Dysphoria. Involving qualified personnel was considered as the key necessity rather than dismissing individuals based on their gender identity. Before the Army guidelines had been updated, individuals who have Gender Dysphoria used to be disqualified unless they had been stable for thirty six months and they were willing to serve in their biological sex. Under the new guidelines, the duration included eighteen months of stability and individuals had the chance to serve in the gender they identified themselves with.

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

Although, it is hard to estimate the data of Transgender personnel in the military due to insufficient empirical data but the prevalent estimates indicate that out of a million active Trans members, only a few thousands were actually serving. The bone of contention here would be if it would be fair to let Transgender people identifying as a female to become a part of women's armed forces. It is due to the fact that the existing levels of testosterone in Transgender women causes them to have different physical characteristics compared to women such as broad shoulders, big hands, comparatively longer torsos, an increased lung and heart capacity. This in turn contributes towards Transgender people who identify as women to have a greater chance to do well in physical examinations conducted as a procedure for selection in military services when compared to women who identify as straight.

Moreover, some individuals with Gender Dysmorphia as well as Transgender people are supposed to consult with medical professionals while they are undergoing the procedure for serving in the military. There are a few cases where a person need not be diagnosed with "Gender Dysphoria" by a qualified medical professional which can lead to negative selfdiagnosis. It happens only in case of individuals who want to undergo Gender- Transition Related Treatment which is a very expensive procedure. For the Gender- Transition Related Treatment, the military personnel has to ensure that the individuals going through with the treatment receive the best care from medical professionals which would incur another round of expenditure. Despite of incurring the expenses, estimates derived from a survey and insurance claims indicates that receiving the treatment might hamper an individual's ability to deploy.

If fairness and diversity have to be incorporated during physical examination, then people should be persuaded to join military services based on their sex and not based on their gender. "Sex" refers to their bodily characteristics and "gender" refers to what they identify themselves as. The term "Gender" and "Sex" cannot be interchangeably used as a person's gender identity might be different from the sex assigned to them at birth. For instance, a Transgender man who was born as a female at birth might identify as a male or a Transgender woman who was born as a male at birth might identify as a female. Actual gender diversity would be ensured by appointing individuals in the military service based on their bodily characteristics and chemical composition.

> For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

Is identifying as a Transgender a mental illness or is it just a myth?(Striker, 2008)

There have been various myths and theories revolving around the fact that Transgender people might have mental illness but there are various studies to prove that they do not. Many Medical Associations such as American Psychiatric Association and American Medical Association have proved that identifying oneself as a Transgender cannot be termed as an illness. The support towards not considering Transgender people as "mentally ill" or "mentally unstable" extended to such an extent that the Psychiatric Association mentioned in explicit terms that the term "Gender Dysphoria" should be used instead of using the term "Gender Disorder." It is necessary to choose the right words while defining people who identify themselves with a different gender than that assigned at birth. Therefore, choosing appropriate words considering the sensitivity of the issue forms the first step as words have an influence over the minds of people. Gender Dysphoria is a widely recognized situation. It is in fact more widely recognized than we realize. If not attended to, then it can have impact on the mental health of an individual and they may experience depression, anxiety and other mental health issues along the same lines. What the studies mean to conclude is that "Gender Dysphoria" in itself is not a disorder but is associated with mental health disorders.

"Gender Dysphoria" can be present in different degrees in different people. Some Transgender people undergo major "Gender Dysphoria" while for others it might not be as excruciating as the former. This confirms that the feeling of distress and disability is not inherent in all Transgender people which contributes to the reason why "Gender Dysphoria" cannot be termed as a disorder. As per theAmerican Psychiatric Association and American Medical Association, the term "disorder" refers to a state of mind which accompanies severe distress and disability. Since "Gender Dysphoria" is not the same for all the Transgender people because some experience more distress than others, it is not in consonance with the definition because the definition of "disorder" implies that distress is experienced by each and every individual. Therefore, the myth that being Transgender is a disorder comes from a longstanding history of miscategorization and misrepresentation.

Before, identifying as a Transgender person was categorized under ICD- 10 which was a list of mental health disorders. It seemed almost impossible to remove "Gender Dysphoria" from the

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

category. Many organizations working on gender identity felt the same. However, it did get removed from the category eventually. One of the health experts at the world health organization said that ascertaining oneself as Transgender was not exactly a "mental health condition" and terming it as one would only aggravate the already existing stigma in the minds of people. Even though, the term Transgender had been removed from the ICD- 10 list of disorders still the World Health Organization kept using the term loosely and even associated it with "Gender Incongruence." The term "Incongruence" means "out of place" or "something which is not aligned." Using the right words is very important when it boils down to a concept like "Gender." Henceforth, the loose interpretation of the term aggravated a lot of activists who felt that the initiative undertaken by WHO might not be as progressive as it appears to be.

What does "identifying as Agender" mean? Is it the same as being non-binary?

As previously mentioned in the article, some people might get confused between "Gender" and "Sex" which cannot be used interchangeably even though they are related to each other. Sex is the biological sum of an individual which comprises of the physical anatomy and hormonal composition. In simple words, it is the biology of an individual. Gender is what a person perceives himself/herself as. In order to understand the term "gender" better, it is also important to understand the language used to define it. Over the course of different generations, we have come across various terminologies to define gender. The ancient perception of gender was that a person can be either categorized as a male or a female. However, in due course of time, with the change in the attitudes of people and openness towards acceptance of new beliefs, it has been observed that gender cannot just be restricted to being identified as a male or a female, but there is more to it.

The Healthcare community and the gender- nonconforming community have come up with various terminologies over time to describe gender. Being "Agender" means neither identifying as a male nor as a female. It can also be described as being "genderless" or "genderfree." On being asked by a few Agender people about how they defined themselves as, they responded that they never had the sense of being a guy or a girl or anything else which described their gender, they always felt some kind of disconnection with their body with respect to the sex assigned to them at birth, they were also not sexually or romantically attracted to anyone, their gender

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

simply did not exist. The pronouns used for people who are "Agender" depends on what they are comfortable with.

When people feel that the gender they identify themselves with and the sex which was assigned to them at birth aligns with each other, then the terminology used for them is "Cisgender." However, the contrary of it would mean being a Transgender. Transgender is an umbrella term which includes the terms "Non- binary" and "Agender." Non- binary refers to a person whose gender falls out of the gender binary. Agender is a category which forms a part of the nonbinarycategory. When a [person is termed as "Intersex" then it falls under a completely different category. The term Intersex is used for a person who has mixed body parts of both a male and a female. There are various non- binary identities such as "Androgyne", "Genderfluid", "Graygender" and so on.

It is fair being sued for using pronouns inconsistent with an individual's gender identity?

The Protections which are offered against employment discrimination which takes place based on gender identity or sexual orientation of a person have considered the usage of pronouns or names of individuals which are not aligned or are incongruent with respect to an individual as harassment which is deemed to be unlawful. There have been various instances in workplaces where the usage of wrong pronouns or omitting the usage of pronouns for an individual has led to a lawsuit or immediate firing from the job. Taking such major steps would be more justifiable in cases where an individual is disrespecting or discriminating based on gender identity or sexual orientation. For instance, a professor from Virginia was fired from using male pronouns for a student who identified as a transgender.

Now the contention lies if it bars the "freedom of speech and expression" of a person. Firing individuals or filing lawsuits just for the reason of not using the correct pronouns forms a very faint ground for taking major actions. Further, it causes an unreasonable restriction on the freedom of speech of a person. The appropriate solution for this would be taking minor actions on the person such as letting them off with multiple warnings. Filing a lawsuit or firing is an extreme step to be taken in such situations as it can hamper not only the future of the individual but also the family of the individual especially in cases where the individual is the bread winner of the family.

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

Literary works on gender identity- Useful or explicit?

There has been a controversy regarding the book titled "Gender Queer" which is a graphic memoir authored by Maia Kobabe. It revolves around the story of coming out to friends as well as family members. The author wrote the book so that other people who were going through similar thoughts and experiences could resonate to it. The author illustrated in the book about feeling physically different from other people but not able to express or define it openly. On one hand, the book was praised for the way it mentioned about "gender representation" but on the other hand it also received a lot of backlash for portraying sexually explicit images. It is the most banned book from the US shelves.

There are two sides to every coin. When we look at the positives of the book, we cannot help but notice how eloquently and openly the author has mentioned about her lived experience. While writing a book, transparency between the author and the audience is the most important thing. Especially when it comes to a book which includes the author's personal experiences, it is very important to be transparent and completely honest without worrying about the fact if the book will please the entire audience or not. When an author writes a book based on self experiences concealing a few facts, no matter how petty they are, then it shows they are not being genuine about their experiences to their audience. In a way, the book could be successful in generating a sense of feeling among children that it is okay to be different and not fit in the pre-conceived notion created by the society. It might give them the courage to accept themselves as who they are and be open about their gender identity. It is important to instill these thoughts at a very young age. It helps children who develop queer traits within themselves but are clueless and have no content to relate it to.

But on the other side, the author made illustrations to depict certain experiences and thoughts. These included pictures of people belonging to the same gender involved in sexual activities. This became the main reason why a controversy swept across and so many parents were against this book being made available in school libraries. The parents objected to the explicit sexual depictions in the books and eventually the book was pulled off from a lot of shelves. The intention behind coming up with the book was to make children aware of the LGBTQ community and make them feel comfortable with their gender identity if they were a part of the

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

LGBTQ community. However, the problem lied in the way the idea of the author was executed. Instead of using sexually explicit images to depict certain scenarios, words suitable for minor children should have been used to explain the instances and experiences.

Minor children are at a very tender stage in their life and at time the things they experience or see might leave an impression on them throughout their lives. A lot of people protesting against the book did not have a problem with the idea behind writing it but their main opposition was towards the pornographic content showcased in the book. While sex education is important and ought to be imparted as an essential part of school education, there is a certain age when children would have attained a certain level of emotional maturity which is enough for them to interpret the things the way they are portrayed across. The general notion is that minor children have not attained that kind of emotional maturity. Thereby, exposing them to pornographic content is unnecessary. Since the book "Gender Queer" was accessible by minor children as it was being made available in school libraries, it became an unavoidable situation to take them off from the library shelves.

Gender Reassignment surgery for minors- a boon or a bane?

The World Association for Transgender health and the Centre for Gender Surgery announced that the minimum age has been revised with respect to getting a Gender- Reassignment Surgery and can be performed from ages of fifteen to seventeen years old. Along with it, it has been declared that the hormone therapy can be started just at the age of fourteen. There might be certain risks which are associated with Gender- Reassignment Surgery despite of which the World Transgender Association has reduced the age for getting a surgery done.

The idea behind reducing the age is that as times have changed, various individuals are inclining towards "Gender Affirming" practices and getting a surgery done associated with what a particular individual identifies as is a part of those "Gender- Affirming" practices. More and more children have been coming out to their families with respect to their gender identity. The initiation of various policies has paved the way for children to have more courage and openly express their identity. Many studies have shown that the estimated number of children who have "Gender Dysphoria" have considerably increased over the past few years.

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>

AUGUST 2023

ISSN: 2582-7340

There is not any exact data pertaining to how many minors or youth got the Gender-Reassignment Surgery since the new policy came into picture but there has been an increase in a few "gender change methods" such as "Puberty Blockers" and "Hormone therapy." These are the most common methods when it comes to "Gender Transition."In some cases, the surgery might work out really well and be successful enabling the individuals to lead a more peaceful life. But on the other hand, there are various determining factors for the surgery such as the physical well-being of the person, the mental well-being as well as the expectations one has with respect to the surgery. The surgery is only permitted once the consent from the parents is taken.

The aforementioned might seem like a good initiative but there are also various disadvantages associated with allowing Gender- Reassignment Surgery for minors. Minor children are believed to have not attained an adequate level of emotional maturity and cognitive ability so they are not in the position to realize the consequences of their actions. Moreover, minor children are more likely to be easily influenced and manipulated by people which might persuade them to conduct wrong self- diagnosis of them identifying as "Transgender" when in reality they are not. Not just people, minor children can get manipulated even by shows or series which can lead to wrong self-diagnosis. Mino children are not aware of the aftereffects of surgery. There are many risks associated with the surgery such as infection, bleeding or various other complications. Moreover, the surgery can be very painful and take months to recover. It aggravates health complications. They might have to be put on medications for recovery which would have additional side- effects and also affect their day to day lives. The surgery is very expensive and some procedures are also irreversible by nature.

For general queries or to submit your research for publication, kindly email us at<u>editorial@ijalr.in</u> <u>https://www.ijalr.in/</u>